



Republic of the Philippines
Tourism Infrastructure & Enterprise Zone Authority

MEMORANDUM TO ALL TIEZA MAIN OFFICE PERSONNEL

FROM :  **THE MANAGER**
Administrative Services Department

SUBJECT : **UPDATED DOH QUARANTINE AND ISOLATION REQUIREMENTS**

DATE : **14 JANUARY 2022**

Pursuant to the DOH Department Memorandum No. 2022-0013, dated 14 January 2022, please be advised of the following updated guidelines on quarantine, isolation and testing for COVID-19:

1. Asymptomatic Close Contacts of Individuals with symptoms, suspect, probable or confirmed cases
- A. Updated Quarantine Period

Vaccination Status	Updated Quarantine Period	Guidelines
Fully vaccinated Individuals	At least 5 days from the date of last exposure	If the individual remained asymptomatic throughout the duration of the recommended quarantine period, regardless if testing has been done and resulted negative, quarantine may be discontinued.
Partially vaccinated and Unvaccinated Individuals	At least 14 days from the date of last exposure	

B. Testing Protocol and Symptom Monitoring

1. **All asymptomatic close contacts shall not be required testing**, unless symptoms develop.
2. **Testing is not recommended for screening asymptomatic individuals.** However, in case an individual who was exposed to an infected person decides to be tested, testing should be done at least 5 days from the day of exposure
3. Should symptoms develop, the individual should immediately isolate, regardless of test results.
4. **All asymptomatic close contacts shall conduct symptom monitoring for at least 14 days** and shall strictly observe minimum public health standards, i.e. physical distancing, hand hygiene, cough etiquette, wearing of masks, etc., regardless of vaccination status.
5. **Testing using Antigen tests shall be recommended only for symptomatic individuals**, and in instances wherein RT-PCR is not available, consistent with previously issued guidelines.



Republic of the Philippines
Tourism Infrastructure & Enterprise Zone Authority

Further, please also take note of the following protocols as presented by Health Undersecretary Maria Rosario Vergeire:

Updated TESTING PROTOCOL

Who is being tested?	Why is testing being done?	Should you test?	Remarks
A1 or Health Care Workers	Surveillance to plan for adequate health system capacity	YES*	Use antigen test only when asymptomatic and when RT-PCR is not available
A2 Senior Citizens or A3 Persons with Co-morbidities (including those at high risk for severe disease)	Confirming COVID-19 to know if investigational drugs can be given	YES	
All except A1, A2 and A3 - no symptoms	Confirming COVID-19 after exposure to positive case	NO, quarantine ASAP, and monitor symptoms	
All except A1, A2 and A3 - mild symptoms	Confirming COVID-19 after onset of symptoms	NO, isolate ASAP, home care & teleconsult	

* Hospital Infection Prevention & Control Committee may refer Patient Health History and determine upon consult with Infectious Disease Specialist

with widescale community transmission, Contact Tracing is NOT a priority intervention

2. Isolation of Asymptomatic, Symptomatic, Suspect, Probable and Confirmed Cases

Vaccination Status	Updated Isolation Period	Guidelines
Asymptomatic Fully vaccinated Individuals	At least 7 days from sample collection date	If the individual remained asymptomatic throughout the duration of the recommended isolation period, isolation may be discontinued without the need for repeat testing.
Asymptomatic Partially vaccinated and Unvaccinated Individuals	At least 10 days from the date of last exposure	If symptoms develop within or after the prescribed period, the individual shall complete the required days of isolation depending on the severity of symptoms
Symptomatic Fully vaccinated individuals presenting <u>mild symptoms</u>	At least 7 days from onset of signs and symptoms	Isolation may be discontinued without the need for repeat testing upon completion of recommended isolation period, provided that they do not have fever for at least 24 hours without the use of any antipyretic medications and shows improvement of respiratory signs and symptoms.
Symptomatic Partially vaccinated and Unvaccinated Individuals presenting <u>mild symptoms</u>	At least 10 days from onset of signs and symptoms	
Symptomatic Individuals presenting <u>moderate symptoms</u> , regardless of vaccination status		



Republic of the Philippines
Tourism Infrastructure & Enterprise Zone Authority

Vaccination Status	Updated Isolation Period	Guidelines
Symptomatic Individuals presenting <u>severe and critical symptoms, regardless of vaccination status</u>	At least 21 days from onset of signs and symptoms	Isolation may be discontinued without the need for repeat testing upon completion of recommended isolation period, provided that they do not have fever for at least 24 hours without the use of any antipyretic medications and shows improvement of respiratory signs and symptoms.
Symptomatic Immunocompromised confirmed cases, <u>regardless of vaccination status</u>	At least 21 days from onset of signs and symptoms	Isolation may be discontinued without the need for repeat testing upon completion of recommended isolation period, provided that they do not have fever for at least 24 hours without the use of any antipyretic medications and shows improvement of respiratory signs and symptoms. Repeat RT-PCR testing shall also be recommended. For negative RT-PCR result of repeat testing, they may be discharged from isolation. For positive RT-PCR result of repeat testing, refer to an Infectious Disease Specialist who may issue clearance and discharge if warranted.

We have also attached the aforementioned Memorandum as reference.

For everyone's guidance.